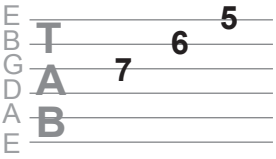
SYMPATHETIC TECHNIQUE

Week #4

Cumulative Daily Practice Routines

Skill #4 : Arpeggios



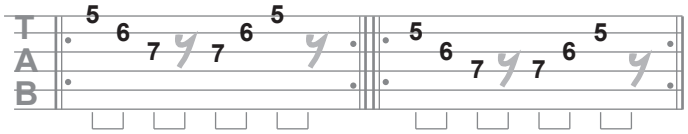
In the following exercises, you'll ***coordinate*** two of your existing skills (**Landing** + **Crossing Strings**) to produce a new skill: **Arpeggios**. As you play these sequences over and over listen to the sound and let the arpeggios ***train your ears*** to ***hear*** these ***musical patterns.***

For the following exercises use a metronome or drum track with **TEMPO set to **60 bpm**.*

ESSENTIAL 5 MINUTES You *must* do these 5 exercises every day.

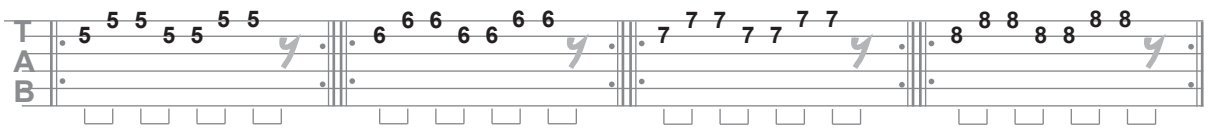
Exercise 4.1 *Use a different finger at each fret.*

M T W T F S S



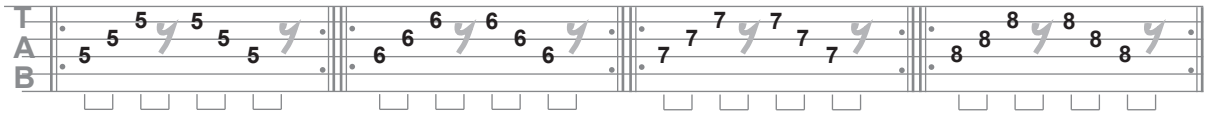
Exercise 4.2 *Practice rolling a different finger across 2 strings at each fret.*

M T W T F S S



Exercise 4.3 *Practice rolling a different finger across 3 strings at each fret.*

M T W T F S S

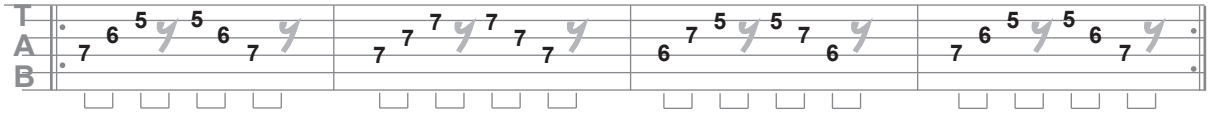


Exercise 4.4

M T W T F S S

Exercise 4.5

M T W T F S S



Extra Credit

- ADDITIONAL 5 MINUTES Try inventing your own arpeggio by playing one note on each of the 3 stings used above. How does your new arpeggio sound?

M T W T F S S

- ADDITIONAL 5 MINUTES Repeat the following 5 exercises using your thumb or or fingers instead of the pick.

M T W T F S S